

# JMMS Track and Field Informational Meeting

Girls Head Coach - Coach Holecko

Boys Head Coach - Coach Poetter

Assistants: Coach Williamson, Coach Dillick, Coach Kent and Coach Macura

## IMPORTANT DATES:

INTRO TO TRACK (optional) - Tuesday, Feb. 24 and Thursday, Feb. 26 (3-4pm)

First Week of Mandatory Practice - Monday, March 2 - Friday, March 6 (purple gym)

Parent Meeting - Immediately following our practice on Tuesday, March 3rd from 5:00-5:30PM in the Purple Gym (20E doors)

*Please tell your parents/guardian about this meeting when you get home tonight. We would like at least one parent/guardian to attend, if possible.*

- We will likely hold athletes until 4:45 PM for this practice.

Practice Schedule - Monday through Friday 3:00 - 4:15 PM (4:30 PM when we are @ JHS)

**\*\*PLEASE HAVE YOUR RIDE PICK YOU UP ON TIME\*\***

Practice Policy - Athletes are limited to 2 unexcused absences. After 3 unexcused absences, the athlete will have to meet with their coach to discuss their future with the team.

**NOTE:** If you have or are participating in another sport during track season, please talk to your head coach as soon as possible. We are flexible, but need to know your schedules.

- Should make all the federal league meets and minimum 3 practices per week.

**FORMS:** Coach Poetter or Coach Holecko can answer any questions. All other forms must be completed on "FINAL FORMS" – Refer to Jackson Local Schools Athletic Website

- Physicals are DUE and must be UPLOADED to FINAL FORMS by March 6 (you cannot practice without one)
- Payments are DUE by Monday, April 7th (talk to the athletic office if money is a barrier to your participation)

Practice Attire - Athletic wear + Running Shoes. Please dress for the weather.

**\*\*Rides are to be outside at 4:15 PM when @ JMMS or 4:30 PM when @ JHS track  
JMMS PICK UP - Purple Gym Doors (20E) JHS pick up at HS TRACK**

For updates and results please follow us on PARENT SQUARE

